

Weekly Warrior

... Your School News ...



**WACCAMAW
HIGH SCHOOL**

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Volume 7, Issue 6

October 10, 2014

Upcoming Events

October 10

Bands of Waccamaw BBQ Fundraiser
(see pg. 5 for details)

Balfour returns to WHS—during lunches

Boys' and Girls' Cross Country - Walt Disney
World Classic @ ESPN Wide World of Sports
Complex (10th & 11th)

7:30pm Varsity Football Vs. Loris

October 11

Hawg Hunters Bass Fishing Tournament
@ Lake Wateree

J.V. Volleyball - Lugoff-Elgin Tournament
@ Lugoff-Elgin High School

4:00pm AAA State Championship Swim Meet
@ University of South Carolina Aquatic Center

5:00pm Marching Band Aynor Blue Jacket
Fanfare @ Aynor High School

October 13

Homecoming Week: 13th—17th

10:30am—12:00noon Francis Marion University
Decision Day in the WHS Guidance Office

4:30pm Girls' Tennis Vs. Dillon (DH)
@ Dillon High School

October 14

8:15am US Senate Scholarship Competition
Exam

5:00pm Volleyball (J.V. & Varsity) Vs. Dillon

October 15

7:15am FCA @ WHS Media Center

8:00am PSAT Testing @ WHS (details on pg. 8)

5:30pm B -Team Football Vs. Georgetown

October 16

4:30pm Volleyball (J.V. & Varsity) Vs. Wando
@ Wando High School

5:00pm Boys' and Girls' Cross Country Vs. St.
James / Socastee @ Stables Park Complex

6:00pm J.V. Football Vs. Aynor @ Aynor HS

October 17

Speech and Debate Tournament @ Bob Jones
Academy in Greenville (17th & 18th)

Homecoming Pep Rally (Pep Rally Schedule)

4:30pm Homecoming Parade

7:30pm Varsity Football Vs. Aynor

Newsletter Staff

Hannah Wolf, Editor-in-Chief

Zach Trzop

Jed Parreno

Sam Windham

Jamie Rodriguez

LeeAnn Ray

Josh Stafford

Max Senarslan

Josh Player

Karl Strittmatter

Matthew Trowbridge

Maddie Giarratano

Davis Eddy

Danielle Mallon

Will Brock

Matt Simon

HOMECOMING WEEK

OCTOBER 13-OCTOBER 17

Theme: "The Warrior Games"

THE GAME OF

WHS



**Counting for dress-up days will take place in 4th
period each day. Rules for dress-up on pg. 2.

Monday

Dress-up is
"Cowboys and Indians."

Hallway door
decoration contest will
take place after school
from 3:30 to 4:30pm,
judging at 4:45.
(Hallways are divided up by grade.)



Cowboys — Indians



Tuesday

Dress-up is
"Old Maid (Senior Citizen)."

Final vote
for
Homecoming
Court.
(Nominees on pg. 3)



Old—Maid



Wednesday

Dress-up is
"The Game of Life (Careers)."

Last day for Penny Wars.
(See rules on pg. 2)



Careers



Thursday

Dress-up is
"Twister (Class Colors)."

Chalk Walk will take place
after school from 3:30 to 4:30.



Seniors



Juniors



Sophomores



Freshmen

Twister



Friday

Dress-up is
"Checkers (Warrior Pride)."

Pep Rally

Homecoming Parade
(4:30 P.M.)

Homecoming Football Game
(7:30 P.M.)



Checkers



PENNY WAR RULES

- THE CLASS WITH THE MOST PENNIES IN THEIR JUG WINS.
- SILVER COINS WILL BE SUBTRACTED FROM THE TOTAL AMOUNT OF PENNIES.
- JUGS MUST STAY ON THE CART AT ALL TIMES OR YOUR CLASS WILL BE DISQUALIFIED FOR THE DAY.
- NO FOOD OR OTHER ITEMS ARE ALLOWED IN THE JUGS OR YOUR CLASS WILL BE DISQUALIFIED FOR THE DAY.
- ANY ROLLED COINS GO STRAIGHT TO MRS. HUMOWITZ.

DRESS UP DAY RULES

MONDAY (COWBOYS AND INDIANS)

- If a hat is worn there must be a hat pass visible.
- Must have at least three articles of clothing to be counted. (Just cowboy boots and nothing else will not count.)
- No ropes/lassos for cowboys. No tomahawks for Indians.
- Must be wearing a shirt for Indians.

TUESDAY (OLD MAID)

- Must have at least three articles of clothing to be counted.
- No canes/walkers.
- No wigs without a hat pass.

WEDNESDAY (THE GAME OF LIFE: CAREERS)

- Must have at least three articles of clothing to be counted.

THURSDAY (TWISTER)

- Must be wearing class t-shirt or class color.

FRIDAY (CHECKERS)

- Must be wearing school colors.

***Hat passes will be sold for \$1.00 during lunches today and Monday. Hat pass will cover Monday and Tuesday.

Help Your Class Go Green Recycling Competition

Recycle your plastic bottles during lunch into your class's designated bins. The grade with the most bottles by October 16th will have those points added to their Homecoming total.



REAL WARRIORS RECYCLE

Sponsored by the Key Club.
See any Key Club member for more information.



ANNOUNCEMENT REGARDING POWDERPUFF

Our annual PowderPuff game scheduled for Wednesday, Oct. 15th, is being POSTPONED until the week of Thanksgiving Break. Due to many busy schedules and lack of payments received for shirts, the executive council of Student Council voted to move the game to November and start a new Clemson vs. Carolina PowderPuff tradition. The administrative team supports the vote and decision.

Any young lady that has paid money for PowderPuff or signed up to participate can pick a letter up from Mrs. Humowitz's door that will detail options for either a refund or to stay on the list for the November game.



Homecoming Court Finalists

Congratulations to the following students for being nominated to the Homecoming Court:

Queen Nominees

Mary Kathryn Brown
Emily Heimberger
Lindsay Jessmore
Banks Lucas
Shir'Mel McCullough

Junior Princess Nominees

Rachel Bailey
Ora Eddy
Leea Whetstone
Paige Hutchinson
Jessica Freedom

Sophomore Princess Nominees

Margaret Stacy
Bailey Bass
Logan Brown
Maddie Giarratano
Samirah Murray
Alex Sanders

Freshmen Princess Nominees

Taylor Cox
Emma Gaskins
Hannah Lacy
Jade Malone
Sidney Stuckey

King Nominees

Tyler Davis
Sam Insignares
Blake Marsh
Jackson Stacy
Gabriel Diaz

Junior Prince Nominees

Stockman Dorn
Jabbrel Drayton
Connor Eckard
Kevin Gasque
Chris Kaylor

Sophomore Prince Nominees

Mac Atkinson
Boyd Brown
Tylik Edwards
Jordan Marshall
LaDarius Taylor

Freshmen Prince Nominees

Jackson Clemons
Chas Cooper
Jackson Junkins
Caleb McClellan
Alex Nash
Sam Woods

Prince and Princesses will be announced on Wednesday, Oct. 15th, Homecoming King will be announced at the Pep Rally on Oct. 17th, and Homecoming Queen will be announced at halftime of the homecoming football game.



**YEARBOOK
2013-2014
HONOR AWARD**

On Monday, October 6th, Mrs. Chadwell, yearbook advisor, and some of the yearbook staffers went to Russell House at USC to receive the Honor Award for the 2013-2014 yearbook. Those in attendance were: Christine Humowitz, Hans Stoetzer, Aaron Jordan, Lara von Byrandt, Olivia Pait, Lauren Crowe, Jayy Robinson, Taylor Pierce, Jade Malone, Ben Hewes, and Taylor Lyon. Congratulations!

Student Council Blood Drive



Pictures by Jamie Rodriguez and Jed Parreno



Student Council, along with the Red Cross, sponsored the Annual Fall Blood Drive that was held on Wednesday, October 8th from 9-2 in the gym lobby. A total of 46 units of blood were donated; 10 units above the goal.



A big THANKS goes out to everyone who donated. Every drop of blood makes a difference!



IT'S TIME TO SHOWCASE YOUR ARTISTIC ABILITY




Horry Georgetown Fire Chiefs Association

2014 Fire and Life Safety Expo Poster Art & Creative Writing Contest

Sponsored by Horry-Georgetown Fire Chiefs Association and The Sun News' Newspaper in Education Program

October 5th - October 11th



**Working Smoke Alarms
Save Lives**
Test Yours Every Month!
Fire Prevention Week - October 5-11, 2014

Theme: Working Smoke Alarms Save Lives!

POSTER CONTEST - open to all grade levels

WRITING CONTEST—open to grades 6-12

Awards will be given to 1st, 2nd, and 3rd place in each category. Winners in each age division shall receive an individual achievement trophy or plaque. A traveling trophy will be awarded to the first place winner to be displayed at his or her school for one year. An awards ceremony will be held at Inlet Affairs in November.

Entries Due: October 19th, 2014

Interested? See Mr. Bethea for details.



**2015 INTERNATIONAL
STUDENT ART CONTEST**

Theme: "THE VIEW FROM MY SPACESHIP"

Seeking Talented, Creative Student Artists

The Space Foundation, based in Colorado Springs, Colorado, USA, is a global, nonprofit leader in space awareness activities and educational programs that bring space into the classroom and major industry events.

Each year, the Space Foundation International Student Art Contest invites students, ages 3-18, from around the world to submit original artwork based on a space-oriented theme.

The 2015 contest theme, "The View From My Spaceship,"

challenges students to design their own concept of a view looking into space from a spaceship and then interpret that idea into an original work of visual art (drawing, painting, mixed media, or digital).

The Space Foundation will award a total of 25 prizes to 24 winners -- first, second and third place for each age category and a Space Foundation Achievement Award for the overall top entry. All entries will be displayed in the online Space Foundation art gallery on Artsonia.com and winners will be showcased on the Space Foundation website.

The deadline entry is November 15th, 2014.

See Mr. Bethea if you are interested in entering the contest. For more information on the organization, visit www.spacefoundation.org

S.C. Radon Poster Contest

Radon is a colorless, odorless, tasteless, and radioactive gas that forms when uranium breaks down in rocks and soil. Radon gas moves through the ground to the surface and can enter homes and buildings, but there is no way to know the radon level unless it is tested; testing for radon is important because radon is the leading cause of lung cancer in non-smokers. The S.C. Department of Health and Environmental Control is sponsoring its sixth statewide radon poster contest. Help spread an important public health message by entering this contest!

Eligibility:

Poster contest is open to freshmen, 14 and under.

Poster Topics:

One of the following radon topics must be depicted in the artwork:

1. What is radon?
2. Where does radon come from?
3. How does radon get into our homes?
4. Radon can cause lung cancer.
5. Test your home for radon.

Contest and Prizes:

The S.C. poster contest will have three overall winners and two Honorable Mention awards chosen by a judging panel. A ceremony will honor the winners.

Entry Submission:

Deadline for entry is October 31st, 2014.

See Mr. Bethea if you are interested in entering the contest!



2014 National Radon Poster Contest
Maison, Age 13 of Provo, UT

SC EDUCATION & BUSINESS SUMMIT STUDENT DESIGN CONTEST

The Education and Business Summit (EBS), South Carolina's largest annual professional development event for the state's career and technology education and administrators, is hosting their 2nd annual design contest. This contest is open to students from 8th grade and up. Students are invited to submit an original-created design on the theme "Today's Learners Tomorrow's Earners." The student creator of the winning design will receive recognition in the online pre-conference program and in the final printed program. The artwork will be featured on the cover of the 2015 conference program held in June.

If you are interested in entering the design contest, please contact Mr. Bethea.

The deadline for submission is Friday, November 21st, 2014.

The WHS Student Council will be hosting



Trick or Trunk



October 30th

4:30 - 6:30pm in the WHS Front Parking Lot

Theme: Cartoons

We invite children up to fifth grade to come and trick or treat at the cars. Please bring your children, your neighbor's children, and pass the word along to the community.

WHS family: If you are in a club or group that would like to dress up and decorate your car, please e-mail Mrs. Humowitz ASAP at jhumowitz@gcsd.k12.sc.us.

Lowcountry Invitational

Article by Hannah Wolf

On Saturday, October 4th, the Marching Warrior Band traveled to Wando High School to participate in the Lowcountry Invitational. The marching band placed 3rd in the 2A division and got an overall rating of Good in their first competition of the season.

When asked about the competition, Drum Major Tori Settliiff said, "The competition at Wando was not only a great experience, but also a wonderful way to identify what we need to change in order to have the best future performances possible."

The marching band's next competition will be this Saturday, October 11th, at Aynor High School for the Aynor Blue Jacket Fanfare. Congratulations on 3rd place and good luck this weekend, Marching Warriors!



Zombie OutRun

Survival Race

1st Annual Survival Race

Thursday October 30th at 5:30 pm
Waccamaw High School XCountry Route

\$30 per participant (Runners, Walkers, Survivors)

Includes T-shirt, water, snack, & suspenseful fun

*Portion of the proceeds to WHS Marching Band (our Zombies)

Sign up with Name, contact #, email, & T-Shirt size on our

Facebook Page or email us at Ultrafitdancer@gmail.com or JLdam@sc.rr.com

Questions, contact Race Organizers Rachel Tipton 424-0995 or Lisa Arnold at 655-6734



The Marching Dead

Article by Hannah Wolf

The WHS marching band will be holding their first annual "Zombie OutRun Survival Race" on Thursday, October 30th on the WHS nature trail. It is \$30 to enter the race and a portion of the proceeds will go back to the band. (See ad to the left.) Every 5K participant will wear a band of red flags around their waist while the "zombies" (marching band members) chase after them trying to retrieve the flags, "infecting" the runners. The main goal for the race is not to finish first, but to finish with the most flags still attached to your waist. To sign up for the race, you can go to www.facebook.com/ZombieOutRunSurvivalRace for a Paypal/Credit option or you can message the page asking to pay with cash or a check. Come out and support the marching band and participate in Waccamaw's first ever "Zombie Outrun!"

Bands of Waccamaw BBQ Fundraiser

Today

Lunch: 11:00am—1:00pm
and Dinner: 5:00pm—7:00pm

Price: \$9

Lunch Pick-Up: Hog Heaven, Hwy 17, PI
Dinner Pick-Up: WHS Gym Lobby

Help Support the Bands of Waccamaw

Sports Action



WHS SWIM TEAM COMPETES IN THE AAA STATE CHAMPIONSHIP



By Josh Player

On Saturday, Oct. 11th, Coach Dear and 10 members of the swim team will be traveling to USC to compete in the AAA State Swim Championship, starting at 4:00pm.

Below is a listing of events and who will be competing.

Girls' Individual Event:

- Addy Hicks - 100Y Freestyle
- Hannan Mackey - 50Y and 100Y Freestyle

Boys' Individual Event:

- Jonah Crosby - 200Y Freestyle, 100Y Breaststroke
- Michael Dear - 50Y and 100Y Freestyle
- Sean King - 100Y Butterfly, 100Y Backstroke
- Luke LaRochelle - 50Y and 100Y Freestyle
- Adam Paquette - 200Y Freestyle and 100Y Breaststroke
- Patrick Sullivan - 200Y and 500Y Freestyle

Boys' Team Events:

- 200Y Medley Relay and 200Y Freestyle Relay -
Patrick Sullivan, Adam Paquette, Luke LaRochelle,
Michael Dear
- 400Y Freestyle Relay - Corey Moeller, Michael Paglio,
Sean King, Jonah Crosby

GOOD LUCK, SWIMMERS!

T-Shirt Sale

Adult Sizes: \$15

Youth Sizes: \$10



Contact Mrs. Tester if you would like to buy one of the 50 shirts they have available right

now! The proceeds of this fundraiser will go towards the WHS girls' tennis team and Mrs. Tester's class.

WARRIOR BLANKETS FOR SALE



If you are interested in purchasing a Warrior blanket, contact Mrs. Penny McClellan at 843-237-9899 ext. 2601. The cost is \$45. Make checks payable to WHS ABC.



Pink is the New Black

By Davis Eddy

Last Thursday, October 2nd, the volleyball teams faced off against Loris in the first of their annual "Dig for The Cure" matches, where a portion of the proceeds are donated to the Susan G. Komen for the Cure Foundation. The varsity team won all three games, shutting out Loris by a wide margin. The next opponent in



Students cheer on the Varsity on Tuesday.

their path to the region title was Aynor on Tuesday, October 7th. Once again the girls donned their pink, hoping to secure another victory within the region, this time supported by a large contingent of their peers. However, Aynor brought a strong team to Waccamaw, defeating the Warriors three games to nil (25-9, 25-11, 25-16). Last night they hit the road to face Marion, expecting another win and redeeming them from the loss to



Aynor. Results were unavailable at press time. Saturday, October 11th, the junior varsity team will travel to Elgin to play in the Lugoff-Elgin Tournament.





JV Football Picks Up Another Warrior Win!

Information by Coach Randall King
Pictures by Josh Stafford



Last Thursday night, October 2nd, the JV football team played the Mullins Auctioneers at home.

The team took the win 22-10 improving their record 3-1 for the season. Waccamaw had 245 yards of total offense; LaDarius Taylor led the team in rushing with 144 yards and one touchdown while RJ Knowlin also had a great game with 66 yards of rushing and two touchdowns. The defense was led by a trio of players: Tylik Edwards had two interceptions and a blocked field goal, Jordan Marshall had four tackles and two interceptions, and Jack King was the lead tackler with seven total tackles, four of which were sacks. "Overall, we are very happy for the win," says Coach King, "but we need to work on cleaning up the offensive mistakes. The Mullins defense played hard and we had trouble adjusting their formations during the first half of the game. After the half, the team came together to make the adjustments that were necessary for us to come out of top. I am extremely proud of their effort."



Waccamaw Routes Mullins



Article by Karl Strittmatter

Last Friday night, October 3rd, the Waccamaw Warriors beat the Mullins Auctioneers 34-18. A big part of the win was Waccamaw's run game as Kevin Gasque had a 70-yard run, Tyriq Grant had an 80-yard run, and Justin Holmes had a 3-yard run, all for touchdowns. All parts of the offense were clicking as Tim Greene had a 22-yard touchdown reception from Trace Mills. Waccamaw started off with an early score after the defense stopped Mullins on the opening drive. Shortly after, Mullins scored but failed on the extra point. Waccamaw scored two more touchdowns before halftime and held the Auctioneers to 6 points with the score 21-6 at halftime. Light rain was not a problem for the Warriors as it rained from the start until the end of the third quarter where Jabrel Drayton came up with a 35-yard fumble recovery for a defensive touchdown. Davis Hogan was 4 for 5 on extra points as Waccamaw breezed through an easy win against Mullins.

The team will play tonight against Loris. Tonight's theme is "Pink-Out". Wear your pink and come out and support the football team. Kickoff is at 7:30pm.



Press Release, Oct. 6th -- Waccamaw High School Senior Tyler Davis has been selected to participate in the 78th Annual Shrine Bowl of the Carolinas. The 6'2", 290 lb. offensive lineman joins 43 other South Carolina seniors as members of this prestigious team. Tyler is the first player in Waccamaw High School's twenty five year history to be selected for this honor. He is being recruited by S.C. State, East Carolina, Georgia Southern, and Army. Tyler is the son of Tyronne and Jonella Davis of Murrells Inlet, SC. Congratulations on this great honor!

Counselor's Corner

**A - J Guidance Counselor,
Mrs. Tucker**

**K - Z Guidance Counselor,
Mrs. Graham**

**Guidance Secretary,
Mrs. Simmons**

**Guidance Assistant,
Ms. Smalls**

SENIORS- please sign up for Remind 101 to make sure you receive important information.



Number: 919-586-8620 Code: @051c0

PSAT Need to Know:

- Students are strongly encouraged to take a calculator to the PSAT. Math questions can be solved without a calculator; however, using a calculator on some questions may be helpful. Approved calculators: Four-function, scientific, graphic
- Students need to bring to the test: two No. 2 pencils w/erasers, approved calculator (see above), and a jacket or sweatshirt in case the room is cold.
- Students are NOT allowed to bring to the test: protractors, compasses, rulers, dictionaries (or other books), pamphlets or papers of any kind, highlighters, colored pens, or pencils, listening, recording, copying, or photographic devices (including watches and cell phones that contain cameras), and food and beverages (including bottled water).

SAT TEST DATES

Test Date	Registration Deadline	Late Registration
October 11, 2014	expired	expired
November 8, 2014	October 9, 2014	October 24-28, 2014
December 6, 2014	November 6, 2014	November 21-24, 2014
January 24, 2015	December 29, 2015	January 9-13, 2015
March 14, 2015	February 13, 2015	February 27– March 3, 2015
May 2, 2015	April 6, 2015	April 17-21, 2015
June 6, 2015	May 8, 2015	May 22-27, 2015

ACT TEST DATES

Test Date	Registration Deadline	Late Registration
October 25, 2014	expired	expired
December 13, 2014	November 7, 2014	November 8-21, 2014
February 7, 2015	January 9, 2015	January 10-26, 2015
April 18, 2015	March 13, 2015	March 14-27, 2015
June 13, 2015	May 8, 2015	May 9-22, 2015

ALL SENIORS:

Please begin listing Mrs. Alyssa Graham (agraham@gcsd.k12.sc.us) as counselor on college applications in Mrs. Tucker's absence. Mrs. Graham will be covering all last names for college applications.

IMPORTANT DATES TO REMEMBER:

- ☞ Students who are taking the **SAT at Georgetown High School on Saturday, October 11th**, should plan to allow some extra time for travel due to the Bridge2Bridge Run that starts at 7:30am in Georgetown.
- ☞ **Francis Marion University Decision Day is Monday, October 13th**, from 10:30am - 12:00pm. Seniors need to sign up in Guidance and pick up an application to be completed and brought to the interview. Please remember that the application fee will be waived for students who participate in an interview.
- ☞ The **PSAT will be given to all sophomores and 25 juniors on Wednesday, October 15th** from 7:58am to approximately 11:45am at WHS.
- ☞ **SAT PREP WORKSHOP with Bill McKenzie Saturday, Oct. 25th and Saturday, Nov. 1st** from 9:00am-12:30pm at Socastee Public Library. The cost is \$90. Call 843-293-7551 for reservations.
- ☞ **Georgetown High School is hosting a workshop for ACT and SAT on Monday, October 27th**, at the Beck Administration Building from 8:00am—3:00pm. The cost is \$60 and must be made payable to P.A.W.S. Registration forms are available in WHS guidance. Please register by October 20th.
- ☞ **The WHS Career and College Fair is scheduled for Friday, November 14th**, from 8:00am-12:00pm. Students will attend by grade level. Parents or business representatives who are interested in presenting information at the Career and College Fair are invited to contact guidance to register.

OCTOBER BIRTHDAYS

October 10

Bradford Thompson
Kelly Kaz

October 11

Nikki Otten
Jamie Kochie
Max Soergel

October 12

Dylan Howard
Melissa Cathey

October 13

Allyna-London
Howell
Tristan Teems
Katie McCants
Coleman Hewitt
Alistair Bremner

October 14

Jakeem Armstrong
Caroline Stokes
Jaylan Robinson

October 15

Victoria Wall
Jonathan Vermont
Carson Hornick
Jonathan Fulton
Dalton Johnston
Dominic Gullo

October 16

Summer Herrington

October 17

Adrian Gaynor

October 18

Emily Graham
Matthew Maixner

October 19

Kody Gould

October 20

Scott Phillips
Jackson Leone
Jed Mackey
Kinley Cooper

October 21

Carter Fox
William Hays

October 22

Keenan Anderson
Olivia Thigpen
Jack List

October 23

Jamie Barnett

October 24

Avi Goldschmidt

October 26

Wils Desmarteau
Logan Brown
Kelvin Cheah
Kelly Cheah
Lainie Dancy
Courtney Beck

October 27

Maddison Shepherd
Autumn Brown

October 28

Ethan Shealy
Elliott Reid
Kyra Moree

October 29

Rachel Bailey

October 31

Berkley Lane
Ariana Senn
Darnell Dadd

Staff

October 10

Coach Streiffert

October 14

Señora Gonzalez

October 15

Ms. Kies

October 16

Coach Gregory

October 20

Mrs. Griffin

HAPPY BIRTHDAY!

Dear Parents, Caregivers, and Guardians,

Subject: Flu Vaccines

The flu vaccination administered date is yet to be determined.



Juniors: If you are interested in being on the prom committee, the first meeting will be held after Homecoming—date is yet to be determined. Listen to the announcements and if you have any questions, you can contact Mrs. Tester.

FYI—Prom will be Sat. May 2, 2015

100% ID Participation Winners



Congratulations to Mr. Bethea's first period and Ms. Stephenson's second period for winning cookies and brownies for 100% ID participation during the week of Sept. 29th - Oct. 3rd.



Anjli Grayson (left and above) delivers the goodies to the winners.

Monday, October 13

Lunch

Spaghetti w/ Garlic Toast
Mozzarella Pizza
Chicken Salad Croissant
Tossed Salad
Mixed Vegetables
Corn on the Cob
Mandarin Oranges
Seasonal Fresh Fruit
Choice of 1 % or
Flavored Non-fat Milk

Columbus Day

Tuesday, October 14

Lunch

*Cheeseburger on WGR Bun
*Chicken Fillet on WGR Bun
*Honey Mustard Deli Wrap
French Fries
Savory Carrots
Spinach & Cucumber Cup
w/ FF Dressing

Pineapple Chunks
Seasonal Fresh Fruit
Choice of 1 % or
Flavored Non-fat Milk

Wednesday, October 15

Lunch

Teriyaki Beef Dippers
Chicken Rings
w/ WGR Biscuits
*Turkey & Cheese Sandwich

Marinated Black Bean Salad
Steamed Broccoli
Oven Baked Okra
Frosty Strawberries
Seasonal Fresh Fruit
Choice of 1 % or
Flavored Non-fat Milk

Thursday, October 16

Lunch

Roasted Chicken
Baked Ham
*Tuna Salad
Macaroni Cheese &
Hot Yeast Roll w/ Any Entrée
Green Beans
Orange-Glazed Sweet Potato
Patties
California Blend Vegetables
Applesauce
Seasonal Fresh Fruit
Choice of 1 % or

Friday, October 17

Lunch

Turkey Sausage
Fish Strips
Chicken Tenders
Cornbread and/or
Red Rice w/ Any Entrée
Steamed Cabbage
Garden Peas
Celery Sticks w/ FF Dressing
Frozen Fruit Sidekicks
Seasonal Fresh Fruit
Choice of 1 % or
Flavored Non-fat Milk